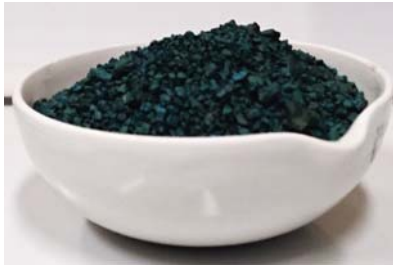


# Splendid Spirulina

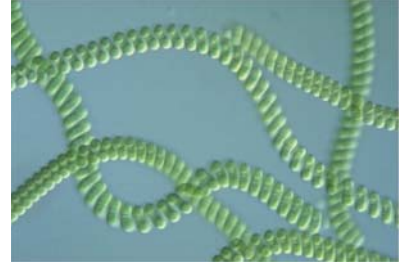
Modified after Mark Barnett's "Ode to a Microbe"<sup>1</sup>, by Lai Peng & Siegfried E. Vlaeminck

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Microbe, microbe, spiraled your body be,  
Green-blue in color, tropical water lover,  
Thriving in conditions of alkalinity<sup>2</sup>.



Credits: University of Antwerp



Credits:  
<http://www.societywellness.com/spirulina-chlorella/>

Stone's excrement by Aztecs<sup>2,3</sup>, in Africa, Dihe<sup>2-4</sup>,  
From domain Bacteria to genus *Arthrospira*,  
Nutritious, proteinaceous, rich in phytochemistry.

Zarrouk, nitrified urine<sup>5</sup> nor struvite do confound<sup>6</sup>.  
Oxygen producer, CO<sub>2</sub> reducer,  
Energy efficient, water conserving, no loss of ground.



Credits: <https://www.dreamstime.com>



Credits: <http://www.melissafoundation.org>

"Super food," says FAO<sup>7</sup>; considered excellent by ESA<sup>8</sup>,  
Whether desert locations or outer Space stations,  
Count on these filamentous helical cyanobacteria.

Research is just beginning; there is much more to explore.  
Anti-viral, anti-cancer, slow-release fertilizer<sup>9</sup>,  
Feeding humans and animals, health and wellness galore<sup>10</sup>!



Credits: University of Antwerp

#### References:

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